



Friday Afternoon

Registration starts at: 12:30-1:30 and ongoing.

1:30-4:30 Interpretive Paddle with Kris Wilhelmson

2:30- 5:30 CPR Recertification

4:30- 6:00 Guides Olympics -Prizes for 1-3 place -Paddles, Life jackets & Towing gear!!

6:30 Dinner at Lions Hall

8:00-9:15 Slide show From Salt Spring to Skagway—Jack Rosen

9:30-11:30 Campfire on Island Escapades Beach—Bring your instruments

Saturday

Breakfast at Lions Hall. Pick up Lunch at Pomodoro's

Breakfast for individuals going to Porlier Pass starts at 7:00—Granola, Yogurt & Fruit

Full Day Sessions:

8:00-5:30 Start for the group going to Porlier Pass. Max flood at 8 knot at 16:00

10:00 -4:30 Start for Sansum Narrows Group Max Flood 3 knots .

Sessions: A. Swift water rescue in large currents

Full Day Leadership and group control in swift waters- Porlier Pass

B. Moving in Currents, ferrying, high and low brace turns;

Towing & group leadership in moving waters.- Sansum Narrows

(Both sessions will be lead by two lead guides splitting their roles)

Guides Olympics will Run Saturday afternoon & Sunday morning

9:00 Breakfast at the Lions Hall for the remainder of the Group

10:00-12:45 A. Into and Advanced Strokes

B. Navigation Game in Ganges Harbour

Lunch at Pomodoros

1:30-4:30 A. Self and Assisted Rescues & Rolls

Wetsuits/dry suits mandatory

B. Intertidal Interpretation by Biologist Brioney Penn

6:30-8:30 Dinner at Lions Hall

9:00-12:30 Tom Hooper and the Angry Hippies

Sunday

- 9:00 Pancake Breakfast for All! No Bacon!! Happy Piggy Day
Finals of the Guides Olympics Run right after Breakfast
- 11:00-12:00 Talk by Coast Guard: Making Calls and Kayaking Safety
- 12:00-12:30 Wrap up by SKGABC Talk about Certifications, Paperwork
& this years Exams. AGM date announced and Fall exchange.
Olympic Podium Presentations and prizes handed out!

THE EXCHANGE IS SADLY OVER! HAVE A WONDERFUL SEASON